

STREATERIES LUNCH MENU



WEEK 1

2/9, 23/9, 14/10, 4/11,
25/11, 16/12, 6/1, 27/1



MON

MEATBALL MARINARA PASTA BAKE
topped with Cheesy Garlic Crumbs

ASPENS LOADED MAC & CHEESE
with Spring Onion, Pepper & Garlic

CRUNCHY RAINBOW SALAD



TUE

Pulled Pork Cottage Pie

Veggie Cottage Pie

Carrots & Peas



WED

ROAST PORK, STUFFING & APPLE SAUCE
Either as a classic roast dinner or loaded into a ½ baguette

ROASTED ROOTS FILO STRUDEL

SKIN ON ROASTIES CARROTS & BROCCOLI



THU

GARLIC CHILLI CHICKEN CURRY

SWEET & SOUR CHICKPEA VEGETABLE PATHIA CURRY

CARDAMOM RICE & GREEN BEANS



FRI

Choose from:
BREADED FISH SAUSAGE or **VEG SAUSAGE**
Margherita Pizza
Chicken Nuggets
Chips

PEAS, BAKED BEANS, GRAVY OR CURRY SAUCE

MAINS

SIDES

- PASTA & NOODLE POTS -

CARBONARA PASTA

VEGGIE THAI STYLE NOODLE POT

BOLOGNESE PASTA

CHINESE CHICKEN CHOW MEIN NOODLES

CARBONARA PASTA

ITALIAN TOMATO PASTA - DAILY

BEANS - CHEESE - **JACKET POTATOES** - TUNA MAYO - SIMPLY PLAIN

BIG BOWL SALAD

CHICKEN CAESAR SALAD

FALAFEL & POMEGRANATE COUSCOUS SALAD

QUINOA & FETA SUPERFOOD SALAD

HARISSA ROASTED CAULIFLOWER, CHICKPEA & SPINACH SALAD

TIKKA CHICKEN & MINT YOGURT SALAD

DESSERTS

WARM LEMON DRIZZLE SPONGE
with Custard

BLACK & WHITE SHORTBREAD COOKIE

STICKY TOFFEE PUDDING
with Toffee Sauce

FLAPJACK

STRAWBERRY TRIFLE POT

Daily Meal Deals
Regular
Chef's Specials

Freshly Made from Scratch
DAILY!

Fresh Cut Fruit
& Yogurt Pots
Available Daily

HANDCRAFTED DELI
SANDWICHES, BAGUETTES,
WRAPS, SALADS & MORE!

DELI KITCHEN
HOT GRAB & GO

STREATERIES LUNCH MENU



WEEK 2
9/9, 30/9, 21/10, 11/11,
2/12, 23/12, 13/1, 3/2

MAINS

SIDES



AUTHENTIC
Italian

MON

**BEEF PASTA
BOLOGNESE**

**VEGGIE PASTA
BOLOGNESE** V

**GARLIC WEDGES
HOUSE SALAD**



HACIENDA
MEXICANA

TUE

**SMOKED CHILLI BEEF
OVER RICE**

with Smashed Nachos, Spring
Onion & Sour Cream

**VEGGIE BEAN CHILLI
LOADED NACHOS** V
with Spring Onion & Sour Cream

SMOKY CORN



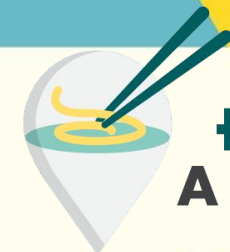
Home
STYLE

WED

**BRITISH PORK SAUSAGE
TOAD IN THE HOLE**
with Onion Gravy

**QUORN SAUSAGE
TOAD IN THE HOLE** V
with Onion Gravy

**SKIN ON GARLIC ROASTIES
GREEN BEANS**



PA
ASIAN

THU

**CHINESE CHICKEN
CURRY**

**VEGGIE THAI GREEN
CURRY** V

**WHOLEGRAIN RICE & WOK
FRIED ORIENTAL VEG**



*Chips
& More*

FRI

Choose from:
**BREADED FISH
SAUSAGE** or
VEG SAUSAGE V

Margherita Pizza V
Chicken Nuggets
Chips V

**PEAS, BAKED BEANS,
GRAVY OR CURRY SAUCE** V

- PASTA & NOODLE POTS -

CARBONARA PASTA

VEGGIE THAI STYLE
NOODLE POT V

BOLOGNESE PASTA

CHINESE CHICKEN
CHOW MEIN NOODLES

CARBONARA PASTA

ITALIAN TOMATO PASTA - DAILY V

BEANS - CHEESE - **JACKET POTATOES** - TUNA MAYO - SIMPLY PLAIN

BIG BOWL SALAD

DESSERTS

**CLASSIC NICOISE
WITH EGG**

APPLE CRUMBLE
with Custard

**BRIGHT & LIGHT
CHICKEN PASTA SALAD**

SHORTBREAD

**SUPERFOOD
GREEN SALAD** V

**NEW YORK VANILLA
BAKED CHEESECAKE**

**ASIAN CUCUMBER,
EDAMAME & NOODLE
SALAD** V

BROOKIE

**JERK CHICKEN &
PINEAPPLE SALAD**

**WARM WHITE
CHOCOLATE BLONDIE**
with Custard

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HANDCRAFTED DELI
SANDWICHES, BAGUETTES,
WRAPS, SALADS & MORE!

DELI KITCHEN
HOT GRAB & GO

STREATERIES LUNCH MENU



WEEK 3
16/9, 7/10, 28/10, 18/11,
9/12, 30/12, 20/1, 10/2



MAINS

MON
TUSCAN SAUSAGE LASAGNE

TUE
KUNG PAO
PULLED PORK

WED
CREAMY CHICKEN &
PUFF PASTRY PIE

THU
CHICKEN TIKKA
MASALA

FRI
Choose from:
**BREADED FISH
SAUSAGE or
VEG SAUSAGE**
Margherita Pizza
Chicken Nuggets
Chips

PROVENÇAL VEGETABLE
LASAGNE

JAPANESE
STIR FRY NOODLES

SMOKY SWEET POTATO &
RED PEPPER PIE

SWEET POTATO & CHICKPEA
ROGAN JOSH

SIDES

GARLIC WEDGES
HOUSE CHOP SALAD

5 SPICE RICE
& STIR FRIED GREENS

CHIVE MASH
PEAS, GREEN BEANS
SAVOY CABBAGE

TURMERIC RICE & COCONUT
GREEN BEANS

PEAS, BAKED BEANS,
GRAVY OR CURRY SAUCE

- PASTA & NOODLE POTS -

CARBONARA PASTA

VEGGIE THAI STYLE
NOODLE POT

BOLOGNESE PASTA

CHINESE CHICKEN
CHOW MEIN NOODLES

CARBONARA PASTA

ITALIAN TOMATO PASTA - DAILY

BEANS - CHEESE - **JACKET POTATOES** - TUNA MAYO - SIMPLY PLAIN

BIG BOWL SALAD

CLASSIC GREEK SALAD
WITH FETA & OLIVES

SQUASH, ROASTED
VEGETABLE
& CHICKPEA SALAD

SMOKY MEXICAN BEAN
CHOPPED SALAD

CRUNCHY RANCH
& EGG SALAD

COCONUT CHILLI
CHICKEN SALAD

DESSERTS

CHOCOLATE
SHORTBREAD

KEY LIME
CHEESECAKE

APPLE & SYRUP
SPONGE
with Custard

CHOCOLATE BANANA
CAKE
with Custard

BROWNIE
with Chocolate Sauce

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Regular
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WRAPS, SALADS & MORE!

DELI KITCHEN
HOT GRAB & GO